



# Play #5

WHICH POSTSECONDARY LIFESTYLE IS FOR YOU?

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## Which Postsecondary Lifestyle is for You?

We all have done it. Imagining what it looks like to be in college...to be on the college campus, being a part of the clubs and organizations...enjoying the campus life and everything that comes with it. Well now, its your turn! Let's see what postsecondary lifestyle is for you?

## Make it a Virtual Play!

This is a play that can be done via "Team Talks" of 4-10 individuals via FaceTime, Skype, Houseparty, Google Hangout, Zoom, etc. Have participants have 4 index cards or sheets of paper with each labeled a different letter (A, B, C, D.) Have a Peer Leader moderate the activity by asking the question, providing the answer choice for each letter, and then having all other participants hold up their answer choice. If time permits, have a participant share why they selected their answer!

Check back each week for more virtual plays and other helpful resources:  
**[PeerForward Team Assets](#)**

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## PLAY IN MOTION

## Play #5: Which Postsecondary Lifestyle is for You?

**Description:** Want to do something fun to engage students and get them thinking about what they want to do after high school? This is an interactive activity to get students thinking about the best college fit.

**Goal/Outcome:** Students will learn more about their interests for college and will get a better idea of what is the best college fit for them.

**Suggested Time/Audience:**

- 30–45 minutes
- 9th–12th graders

**Materials/Space Needed:**

- Large enough space for students to move around.

**To Prep for Event:**

- Determine who will facilitate the activity, and make sure you have space large enough for the group.
- Make sure the facilitators understand the instructions for the activity:
  - ✓ Place four signs around the room, one in each corner. One should say “A,” one should say “B,” one should say “C,” and one should say “D.”
  - ✓ When students come in, tell them they will be taking a quiz. You will read each question on the quiz aloud, and students will have to run to the corner that represents their answer (A, B, C, or D). Once there, students will have to discuss with the other students who chose that answer and why they felt it was the appropriate choice. Call on each group to explain themselves before reading the next question.
  - ✓ Once you have gone through all the questions, ask the students to run to the corner that represents the letter they chose most often. Read the results.
  - ✓ Ask aloud to the group: Do you think this quiz was accurate? Do the results of the quiz closely relate to the type of lifestyle you see for yourself after high school?

## PLAY IN MOTION

## Play #5: Which Postsecondary Lifestyle is for You?, cont.

### At the Event:

- Follow the instructions for the activity/quiz.
- Make sure to debrief with the group afterward and ask whether the quiz results were accurate for them. Engage in a discussion with the group and answer any questions they might have.

### After the Event:

- Debrief with team:
  - ✓ What went well? What could you improve for next time?
  - ✓ Were students engaged in this activity?

### Handouts Needed:

- "Quiz: Which Postsecondary Lifestyle is for You?"

## PLAY IN MOTION

## Quiz: Which Postsecondary Lifestyle is for You?

Choose the best answer for each of the questions below. Mark the three questions which are most important to you personally with an \*. Mark the three questions which are least important to you with "?".

- 1. Describe Your Ideal Roommate:**
  - a. I don't want to deal with roommate drama; I'd rather live at home with my family.
  - b. Someone who shares my interests and who is committed to social issues or the arts.
  - c. Someone who is fun, and would introduce me to lots of different kinds of people.
  - d. Someone who is on the same postsecondary path as me, so we can study together and network together.
  
- 2. What Would You Most Like to Be Doing on a Friday Night While in College?**
  - a. Hanging with my friends from high school or people I meet at work who I can relate to.
  - b. Going to a concert, show, or art opening with a small, close-knit group of friends.
  - c. Going to a house party and gearing up for the big football game tomorrow.
  - d. Studying or practicing. No rest for the wicked!
  
- 3. Which Type of Classroom Learning Environment Do You Think Would Be Best for You?**
  - a. Going to class part-time and working part-time, so I don't get overloaded with too much schoolwork.
  - b. Small classes based around discussion and debate.
  - c. Medium-to-large-sized classes based around lectures from world-famous professors.
  - d. Lab-style courses where you get to build or make something during class time, like a painting, a design, a movie, or a blueprint.

## PLAY IN MOTION

## Quiz: Which Postsecondary Lifestyle is for You?, cont.

### 4. Which Club Could You See Yourself Joining?

- a. I wouldn't waste my time with clubs. I'd rather have a part-time job so I can make money while I'm in school.
- b. A foreign language club, the environmental club, a social justice club, or a Take Back the Night group.
- c. An intramural sport, a fraternity/sorority, a marching band, or a support group for minority students.
- d. A club or activity focused on getting a job in my industry, like a Future Architects club or the IEEE.

### 5. When You Finish Your Degree, What Could You See Yourself Doing?

- a. Getting a better-paying job at the company where I'm already working part-time.
- b. Taking a year or two off to volunteer with AmeriCorps to help others before starting a "real" job.
- c. Getting a great entry-level job by using the networking connections I created while at college.
- d. Using the portfolio of work I created in college to get a high-paying job in a specialized field, like engineering, architecture, or graphic design.

### 6. Describe the Type of Cafeteria in Which You'd Like to Eat:

- a. I'd pack my own lunch or buy something at the corner deli.
- b. Small and intimate with a wide selection of vegetarian and healthy meal options.
- c. Huge and well-stocked. I want to choose from a million different options and types of food and create my own menu of yummy and fun meals.
- d. It doesn't matter. I'm going to college to prepare for a career, not to eat.

## PLAY IN MOTION

## Quiz: Which Postsecondary Lifestyle is for You?, cont.

### 7. What Are You Planning to Study at College?

- a. I'm planning on doing a two-year or four-year program in something tangible and practical, like nursing, medical billing, computer repair, or business management.
- b. I'm not sure. I want to explore my interests in the arts and humanities in a safe and experimental environment. I'll choose a major later.
- c. I'm not sure. I want to try a bunch of different subjects in a challenging environment and figure out what I'm best at. I'll choose a major later.
- d. I know exactly what I want to do! Engineering, architecture, graphic design, or computer programming.

### 8. Imagine It's Your First Year in College and You are Struggling With One of Your Classes. What Would You Be Most Likely to Do?

- a. Figure out what I'm doing wrong and fix it on my own.
- b. Wait for a teacher or a friend to ask me what's wrong.
- c. Visit the college's tutoring office or writing center and ask for help.
- d. Give up.

### 9. Which of the Following Personal Strengths is Most Important to You?

- a. Responsibility and independence
- b. Self-expression and creativity
- c. Excitement and energy
- d. Dedication and focus

## PLAY IN MOTION

## Quiz: Which Postsecondary Lifestyle is for You?, cont.

### 10. How Much Debt Are You Willing to Take On in Order to Fund Your Education?

- a. None. I would rather take longer to finish school so I can work to earn money and pay my tuition without loans.
- b. As much as it takes. I am willing to pay any price to get the right education for me.
- c. Some. I want a good education, but I also want to avoid taking out too much debt.
- d. As much as it takes. I am so focused on my career goal, I know I will make enough money with my degree to pay back my loans.

### 11. Which of the Following Best Summarizes Your Personal Mission Statement?

- a. I want to maintain close ties to my family and community.
- b. I want to explore my creative side, learn about the world, and travel.
- c. I want to be a part of a large, energetic, and fun community.
- d. I want to pursue a technical career which requires specialized training.



## PLAY IN MOTION

## Quiz Results

### The Perfect Match: Your Lifestyle and Environment Preferences

For the past 18 years, choices about where you will live, where you will go to school, and how you will spend your money have most likely been made by your parents or guardians. But after graduating from high school, you will get to choose the lifestyle and environment that will best fit your values, goals, and preferences. But how will you know what is right for you?

#### If you chose . . .

#### **MOSTLY A'S: Commuter College**

- You value your independence and are a responsible person. You want to be able to work while you are in college, and you are willing to fight to balance your family and home life, your work life, and your school life. You might have responsibilities at home, or just feel a strong connection to your community, your family, or your social circle. A local or nearby community college or small four-year school would be best for you.

#### **MOSTLY B'S: Small Liberal Arts College**

- You are creative and dynamic. You appreciate being part of a small community of people with interests similar to yours. You want to explore and learn in a supportive and safe environment, and you value relationships with your teachers and friends. A small liberal arts college would be best for you.

#### **Mostly C's: Big Public or State University**

- You value fun, excitement, and energy. You work best when surrounded by diverse and interesting people. You don't necessarily need one-on-one attention to succeed. A place with school spirit, energy, and lots of options for fun is your idea of paradise. You should consider big public and state universities.

#### **MOSTLY D'S: Specialized Technical School or Program**

- You have a clear postsecondary plan which includes training for a specialized career, such as that of an engineer, architect, graphic designer, or computer scientist. You thrive in hands-on learning situations, and love lab or art class. You don't want to waste your time with clubs, parties, or distractions. You're on a mission to succeed, and you see college as a stepping-stone to a career. You should consider specialized technical schools or programs, which might include engineering schools, art and design schools, or other special programs.